

RAINBOW RICE ACTIVITY

This is perfect for sensory bins, pouring, stirring, mixing, scooping & more!

Supplies

Rice	Ziplock Bag
Vinegar	Food Coloring
Baking Sheet	Parchment Paper

Directions

1. Preheat your oven to 250°F.
2. Pour 1 cup of rice into a Ziplock bag.
3. Add 1tbsp vinegar and a few squirts of food coloring. Shake the bag vigorously until all of the rice is colored.
4. Pour the rice onto a parchment lined baking sheet & bake for 15-20 minutes.
5. Allow to cool before pouring into a bin for your kids to play with.
6. Repeat as desired for more colors.



Note: As long as the rice is kept dry, it will last for a very long time for repeated use!

